**A Young Person’s Journey: Interviews**

**Interviews**

Project Staff, Researchers or peers could undertake interviews with participants and/or their mentors to capture their experiences either at the end of the programme – to enable a young person to reflect back on their experiences. The questions included in the discussion guide below are designed to help capture feedback which links to the outcomes identified above. Feel free to add additional questions and/or skip some which may not be relevant to your project.

**Interview Guide**

**Introduction:**

* What is the name of lead organisation/Project:
* Name/contact details of interviewer:

**About the young person:**

* What is the name of young person being interviewed?
* How old is the young person being interviewed?
* Where do they live (town/city)?
* Please share a little about what you were doing before you became involved in the programme *(e.g. whether at school/college and how spent free time*)
* ­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­What are you doing now? *(e.g .at school/college, working, unemployed etc)*

**Young Person’s involvement with the project/programme:**

* How did you first become involved in the project?
* What did you think of it at first?
* How long have you been attending this project for?
* What sorts of things do you get involved with at this project? *(e.g. play sport, help out, met new people)*
* What do you like about coming here? Why is this?
* Are there things you don’t like about coming here? Why is this?
* Through this project have you done any volunteering?
* If yes – what sorts of things have you done? *(e.g. helped set out equipment, lead sessions, referee, welcomed new participants, helped promote sessions on social media).*
* Through this project have you been supported by a mentor, coach, youth worker?
* If yes - what sort of support have they provided?
* What do you think about this support?
* What do you get out of it? Does it help, if yes - in what ways?

**Continued….**

**Achievements:**

* Through this project have you attended any training workshops/qualifications?
* If yes – tell me a little about what you’ve done?
* Do you think you will use the things you learnt on these training workshops /qualifications – if yes how/when/when?
* Is there something (or things) you’ve done through this project which you are particularly proud of?
* What has been the hardest thing about being involved with this project?

**How you feel:**

* How did you feel yesterday? *(e.g. amazing, happy, ok, not great, down, lonely, bored, annoyed, angry)*
* If you were to describe yourself in 3 words what would you say?
* Since you’ve been coming to these sessions, do you feel you’ve changed in any way(s)? *(e.g. how you feel about yourself, the things you do, how you get on with other people now, your – e.g. I’m more active/I drink less/smoke less, my behaviour/ work at school is….)*
* Have any other people have also noticed a change? For example have any of the project staff or your family noticed differences? If yes- what do they say?
* Using just ONE word how would you describe your time here?
* What is your dream for the future?
* Is there anything else you’d like to share with us about this project……..